

Circle of Voices

Participants form into a circle of about 5. They are allowed up to three minutes silent time to organize their thoughts. During this time they think about what they want to say on the topic once the circle of voices begins. After this silent period the discussion opens with each person having a period of uninterrupted air time. During that time each person is speaking no one else is allowed to interrupt. People can take their turns to speak by going round the circle in order or volunteering at random. Although the latter arrangement sounds the most relaxed and informal the opposite is often the case. The order of the circle removes from participants the stress of having to decide whether or not they will try and jump in after another student has finished speaking. Not having to decide this is one less thing to worry about.

An important benefit of using the circle of voices at the start of a discussion is that it prevents the development early on of a pecking order of contributors. Introverted, shy members, those whose experience has taught them to mistrust academe, or those who view discussion as another thinly veiled opportunity for teachers to oppress or offend, will often stay silent at the beginning of a course. The longer this silence endures, the harder it is for these individuals to speak out. By way of contrast, in the circle of voices everyone's voice is heard at least once at the start of the session. After the circle of voices has been completed, and everyone has had the chance to say their piece, then the discussion opens out into a more free flowing format. As this happens a second ground rule comes into effect. Participants are only allowed to talk about another person's ideas that have already been shared in the circle of voices. A person cannot jump into the conversation by expanding on his/her own ideas, he can only talk about his reactions to what someone else has said. The only exception to this ground rule is if someone else asks him directly to expand on his ideas. This simple ground rule prevents the tendency toward 'grandstanding' that sometimes afflicts a few articulate, confident individuals.

Rules:

- Begin by going round the circle with each person contributing and no interruptions allowed
- After this, move into open discussion, but remember contributions can only be about, or refer back to, something one of the other group members said in the opening circle.

Adapted from Stephen Brookfield, *Discussion as a Way of Teaching*, retrieved from [http://stephenbrookfield.com/Dr. Stephen D. Brookfield/Workshop Materials files/Discussion as a Way of Teaching Packet.pdf](http://stephenbrookfield.com/Dr._Stephen_D._Brookfield/Workshop_Materials_files/Discussion_as_a_Way_of_Teaching_Packet.pdf)